	TRACK AND FIEL	LD PRACTICE SCH			
	Monday May 12	Tues May 13	Wed May 14	Thurs May 15	Fri May 16
АМ		Gr 9 100 m Tryout - 8:30 am All Grades - Long distance tryouts	High Jump Tryouts All Grades 8:30 AM	Gr 8 100 m Tryout - 8:30 am Hurdles Tryouts All long distance tryouts	
LUNCH				Long Jump Tryouts All Grades	
PM	Shotput TO- all grades	ımp Tryouts All Grades Discus all grade	rdles Outside All Grades Grade 7 100m	High Jump Tryouts Grade 7	
	Monday May 19	Tues May 20	Wed May 21	Thurs May 22	Fri May 23
АМ		Gr 9 300 m Tryout - 8:30 am long distance practice	High Jump Tryout Grade 9 8:30	Gr 8 300 m Tryout - 8:30 am long distance practice	
LUNCH				Long Jump Practice All Grades	
РМ		Long Jump Tryouts All Grades	Hurdles Outside All Grades e 7 300m - Discus ALL Grades	Hurdles Outside All Grades Grade 7 300m Discus & Shot Teams	

	Monday May 26	Tues May 27	Wed May 28	Thurs May 29	Fri May 30
AM	High Jump Practice All Grades 8:30 AM		High Jump Practice All Grades 8:30 AM		
LUNCH				Long Jump Practice All Grades	
PM	Hurdles All Shot-All	Long Jump Practice All Grades-Discus All	Hurdles Outside All Grades Relay All		
				Sprints All Practice	
	Monday June 2	Tues June 3	Wed June 4	Thurs June 5	
АМ	High Jump Practice All Grades 8:30 AM	Gr 9 100 m Tryout - 8:30 am	High Jump Practice All Grades 8:30 AM	TRACK MEET	
LUNCH	TRACK TEAM MEETING SOUTH GYM				
PM		Long lump Breaking All	Hurdles All Grades Grade 7 100m		
	Discus and Shot	Long Jump Practice All Grades			